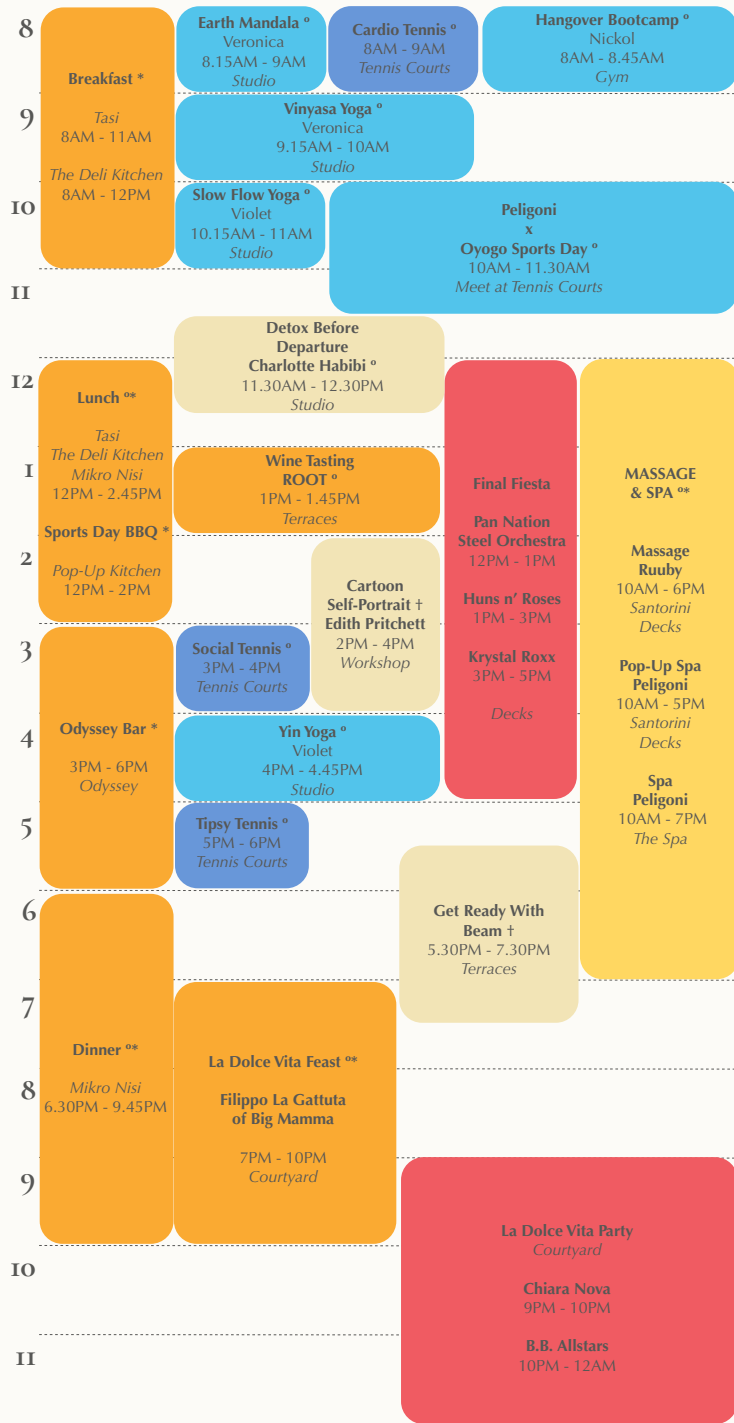


Friday



WHAT TO BOOK

All of the feasts, fitness, yoga, tennis, cycling, pop-up spa treatments and some workshops require advance booking via the QR code below.



The Kinship Club, Edith Pritchett and Get Ready With Beam workshops are all drop-in and do not require booking.

For all water-based activities, please refer to the separate beach agenda which is available in the booklet.

Please look out for the following symbols on the programme to see what requires booking in advance, and which are an additional cost:

- * Additional Cost
- ° Booking Required
- † Drop-in

For any queries, please contact Reception.

PLEASE NOTE THE PROGRAMME IS SUBJECT TO CHANGE

The House Party

BY
THE PELIGONI CLUB

PROGRAMME KEY



Music, Magic & Laughter



Fitness & Yoga



Workshops



Cycling & Tennis



Food & Drink



Spa & Wellness

Tuesday

Wednesday

Thursday

8	Breakfast * Tasi 8AM - 11AM The Deli Kitchen 8AM - 12PM	Vinyasa Yoga ° Violet 8.15AM - 9AM Studio	Hyrox Training ° Nickol 8AM - 8.45AM Gym	Blue Bike Ride ° 8AM - Late AM Bike Shed	Run Club ° Uche 8AM-9AM Meet at Reception
9		Slow Flow Yoga ° Violet 9.15AM - 10AM Studio	HIIT Cardio ° Jordan 9AM - 9.45AM Gym	Cardio Tennis ° 9AM - 10AM Tennis Courts	
10		Fire Mandala ° Veronica 10.15AM - 11AM Studio	Strength & Build ° Uche 10AM - 10.45AM Gym		
11	HIIT Strength ° Jordan 11AM-11.45AM Gym	Opening Party		The Art of Marbling † Kinship Club 11AM - 1PM Workshop	MASSAGE & SPA **
12	Lunch ** Tasi The Deli Kitchen Mikro Nisi 12PM - 2.45PM	Wine Tasting ROOT ° 12PM - 12.45PM Terraces	Harry Winther of Merchant Records 11AM - 2PM Decks	Facial Massage Charlotte Habibi 10AM - 1PM Santorini Decks	
1	Pop-Up Lunch * Pop-Up Kitchen 12PM - 2PM			Beam 1-2-1 Appointments * Daytime Look 1PM - 3PM Studio	Massage Ruuby 10AM - 6PM Santorini Decks
2					
3	Odyssey Bar * 3PM - 6PM Odyssey	Social Tennis ° 3PM - 4PM Tennis Courts	MOJA 2PM - 5PM Decks	Greek Sculpture Cartoons † Edith Pritchett 3PM - 5PM Workshop	Pop-Up Spa Peligoni 10AM - 5PM Santorini Decks
4		Yin Yoga ° Veronica 4PM - 4.45PM Studio			Spa Peligoni 10AM - 7PM The Spa
5		Tipsy Tennis ° 5PM - 6PM Tennis Courts	Happy Hour Leigh Coleman 5PM - 6PM Tasi	Creative W/ Colour Beam ° 5.15PM - 6PM Terraces	
6					
7	Dinner ** The Deli Kitchen 6PM - 9.15PM	Opening Night Feast ** Nieves Barragán Mohacho of Sabor 7.30PM - 10.30PM Courtyard			
8					
9					
10					
11					Opening Party Gypsy Swing Trio Manouche 9.45PM - 11PM Courtyard
					Huns n' Roses 11PM - 1AM Tasi

8	Breakfast * Tasi 8AM - 11AM The Deli Kitchen 8AM - 12PM	Slow Flow Yoga ° Veronica 8.15AM - 9AM Studio	Red Bike Ride ° 8AM - Late AM Bike Shed	Hangover Bootcamp ° Nickol 8AM - 8.45AM Gym
9		Water Mandala ° Veronica 9.15AM - 10AM Studio	HIIT Cardio ° Jordan 9AM - 9.45AM Gym	HIIT & Run ° Uche 9AM-9.45AM Meet at Reception
10		Re-energise & Re-awaken ° Violet 10.15AM - 11AM Studio	HIIT Strength ° Jordan 10AM - 10.45AM Gym	
11	Abs & Core ° Nickol 11.15AM - 12PM Studio	Revive to Survive ° Uche 11AM - 11.45AM Gym	Famous Paintings Parodied † Edith Pritchett 11AM - 1PM Workshop	MASSAGE & SPA **
12	Lunch ** Tasi The Deli Kitchen Mikro Nisi 12PM - 2.45PM	Afternoon Acoustics Joel Stewart 12PM - 1PM Decks		Facial Massage Charlotte Habibi 10 AM - 1PM Santorini Decks
1	Big Mamma Pop-Up Lunch * Pop-Up Kitchen 12PM - 2PM	Gypsy Jazz Trio Manouche 1PM - 2PM Decks		Massage Ruuby 10AM - 6PM Santorini Decks
2		Wine Tasting ROOT ° 2PM - 2.45PM Terraces		
3	Odyssey Bar * 3PM - 6PM Odyssey	Social Tennis ° 3PM - 4PM Tennis Courts	Big Beats B.B. Allstars 2PM - 5PM Decks	Cyanotype Printing † Kinship Club 3PM - 5PM Workshop
4		Yin Yoga ° Violet 4PM - 4.45PM Studio		Pop-Up Spa Peligoni 10AM - 5PM Santorini Decks
5		Tipsy Tennis ° 5PM - 6PM Tennis Courts		Spa Peligoni 10AM - 7PM The Spa
6			Get Ready With Beam † 6PM - 8PM Terraces	
7	Dinner ** Mikro Nisi 6.30PM - 9.45PM	Cabaret Club Dinner ** 7PM - 10.30PM Courtyard		Cabaret Club Courtyard
8				Soul Classics Leigh Coleman 7.30PM - 8.45PM
9				Jazz & Soul Chiara Nova 9PM - 10PM
10				Comedy & Magic Nina Conti Josh King Etienne Pradier 10PM - 10.45PM
11				Swing & Bass Mista Trick Collective 10.45PM - 12AM Courtyard

8	Breakfast * Tasi 8AM - 11AM The Deli Kitchen 8AM - 12PM	Power Yoga ° Violet 8.15AM - 9AM Studio	Hyrox Training ° Jordan 8AM - 8.45AM Gym	Black Bike Ride ° 8AM - Late AM Bike Shed	Cardio Tennis ° 8AM - 9AM Tennis Courts
9		Go with the Flowga ° Krystal Roxx 9.15AM - 10.15AM Yoga Deck		Strength & Build ° Uche 9AM - 9.45AM Gym	Run Club ° Nickol 9AM - 10AM Meet at Reception
10		Air Mandala ° Veronica 10.15AM - 11AM Studio	HIIT Cardio ° Uche 10AM - 10.45AM Gym		
11	Active Recovery ° Jordan 11.15AM - 12PM Studio	HIIT Strength ° Nickol 11AM - 11.45AM Gym	Paper Stitching † Kinship Club 11AM - 1PM Workshop	MASSAGE & SPA **	
12	Lunch ** Tasi The Deli Kitchen 12PM - 2.45PM	Joel Stewart 12PM - 1PM Decks		Facial Massage Charlotte Habibi 10 AM - 1PM Santorini Decks	Facial Massage Charlotte Habibi 10 AM - 1PM Santorini Decks
1	Pop-Up Lunch * Pop-Up Kitchen 12PM - 2PM		Pan Nation Steel Orchestra 1PM - 2PM Decks	Massage Ruuby 10AM - 6PM Santorini Decks	Massage Ruuby 10AM - 6PM Santorini Decks
2		Taverna Takeover ROOT ** Mikro Nisi 1PM - 5PM		Peligion Club Comic Strip † Edith Pritchett 2PM - 4PM Workshop	Pop-Up Spa Peligoni 10AM - 5PM Santorini Decks
3		Social Tennis ° 3PM - 4PM Tennis Courts	MOJA 2PM - 5PM Decks	Beaming Skin ° Beam 4PM - 4.45PM Terraces	Spa Peligoni 10AM - 7PM The Spa
4		Yin Yoga ° Veronica 4PM - 4.45PM Studio			
5	Tipsy Tennis ° 5PM - 6PM Tennis Courts	Partner Stretch ° Violet 5PM - 5.45PM Studio	Happy Hour Leigh Coleman 5PM - 6PM Yard Bar		
6				Beam 1-2-1 Appointments * Evening Look 6.30PM - 8.30PM Studio	
7	Dinner ** The Deli Kitchen 6PM - 9.15PM	Disco Party Quiz Dinner ** 7PM - 9PM Tasi			
8					
9					
10					Disco Party Quiz MC Chrissy Bray ° 9.30PM - 11.30PM Tasi
11					